



37TH ANNUAL

Midlands  Area
SENIOR GAMES

SEPTEMBER 9-13





**ADMISSION:
\$15/PERSON**

**CO-ED AGES 50+
REGISTER BY SEPTEMBER 1**

**GOLF • BOCCEBALL • BOWLING • SWIMMING • HORSESHOES • PICKLEBALL • TARGET SHOOTING • TABLE TENNIS
BINGO • FITNESS WALK • TRACK & FIELD • BASKETBALL SPOT SHOOTING • BASKETBALL FREE THROW**

**RICHLAND COUNTY
RECREATION
COMMISSION**
PASSION • PURPOSE • PARKS

www.richlandcountyrecreation.com

   @richlandcountyrecreation  @richlandrec

For ADA accommodations, please contact George Person, at 803.462.9995.



SCHEDULE OF EVENTS

SEPTEMBER 9-13, 2024 • REGISTER BY SEPTEMBER 1

MONDAY, SEPTEMBER 9

Opening Ceremony: 9:00-10:00 am
Bingo: 10:00 am-12:00 pm
Meadowlake Park, 600 Beckman Road
(1st 50 registered participants)

Target Shooting: 2:00 pm
Palmetto State Armory, 3760 Fernandina Road
(1st 25 registered participants)

TUESDAY, SEPTEMBER 10

Bowling: 9:30 am (practice)-2:00 pm
\$6/2 games

Billiards (pool): 1:00-2:00 pm
Royal Z Bowling Lanes, 8512 Two Notch Road

WEDNESDAY, SEPTEMBER 11

Golf: 8:00 am
\$19/player
LinRick Golf Course, 356 Camp Ground Road

Chair Volleyball: 10:00 am-12:00 pm
Trenholm Park, 3900 Covenant Road

THURSDAY, SEPTEMBER 12

Arthritis Exercise warmup: 8:30-8:45 am

Track & Field: 9:00 am-2:00 pm
50, 100, 200 and 400 meter dashes,
400 meter speed walking, shot put, discus, standing jump and
softball throw

Indoor Events: basketball free throw, cornhole and basketball
spot shooting
Meadowlake Park, 600 Beckman Road

FRIDAY, SEPTEMBER 13

Showcase of sponsors/health screenings: 8:30 am-12:00 pm

Parade of Talent: 10:00-10:45 am

Closing Ceremony & Awards Luncheon: 12:00 pm
Adult Activity Center, 7494 Parklane Road

GENERAL INFORMATION: PLEASE READ CAREFULLY

ELIGIBILITY: Men and women 50 years and older as of September 1, 2024.

AGE GROUP CATEGORIES: Participants compete in their gender and age groups: 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80-84 and 85+.

REGISTRATION/FEE: There is a \$15/person fee that covers registration in all events, a T-shirt, the closing awards luncheon and most event equipment and supplies. All participants must register for the games to play bingo! NO REGISTRATION ALLOWED ON DAY OF THE EVENT!

LATE REGISTRATION FEE: The registration fee will increase to \$20/person if paid after September 1. Late registrants' names will not appear in the program booklet and T-shirts and bags are not guaranteed.

AWARDS: Awards will be presented to the 1st, 2nd and 3rd place finishers in all age categories in each event. The awards ceremony and luncheon is scheduled for Friday, September 15 at the Adult Activity Center, 7494 Parklane Road, immediately following the events.

CANCELLATIONS/POSTPONEMENTS: Midlands Area Senior Games officials reserve the right to cancel any event due to insufficient registration and/or combine age groupings if less than five sign up in any age group. If an event is cancelled, every effort will be made to contact all persons affected prior to the start of the Games. In the event of inclement weather or unusual circumstances, Senior Games officials reserve the right to cancel or postpone events to a later time or day than originally scheduled.

FOR MORE INFORMATION:

Call Felicia Venable, Community Relations Manager at (803) 741-7272 ext. 143/email felicia.venable@rccr.state.sc.us or call Latoya Watkins (803) 741-7272 ext. 140/email latoya.watkins@rccr.state.sc.us.



**SEPTEMBER 9-13, 2024
REGISTER BY SEPTEMBER 1**

REGISTRATION FEE: \$15/PERSON
(\$20/person after September 1, 2024)

EARLY REGISTRATION DEADLINE IS **SEPTEMBER 1, 2024**. FORM MUST BE FILLED OUT COMPLETELY AND SIGNED.

Name:		
Address:		
City/State/Zip:		County:
Email:		
Home Phone:		Cell Phone:
AGE AS OF SEPTEMBER 1, 2024:	DATE OF BIRTH: ___ / ___ / ___	<input type="checkbox"/> Male <input type="checkbox"/> Female
T-shirt Size: (Check only one) <input type="checkbox"/> SMALL <input type="checkbox"/> MEDIUM <input type="checkbox"/> LARGE <input type="checkbox"/> 1X-LARGE <input type="checkbox"/> 2X-LARGE <input type="checkbox"/> 3X-LARGE		
Emergency Contact Person (Required):		
Emergency Contact Person Phone (Required):		
Participant Donation (Voluntary):		

REGISTRATION FEE: \$15/PERSON

Includes event participation, a t-shirt, and closing awards luncheon. After September 1, the fee will be \$20/person. Make checks payable to Richland County Recreation Commission. **NO REFUNDS** unless event is cancelled. **NO REGISTRATIONS WILL BE TAKEN ON THE DAY OF THE EVENT!**

BINGO: Only the first 50 registered participants to compete in the games are eligible to play bingo. Prizes will be awarded. **PARTICIPANTS ARE STRONGLY ADVISED TO CONSULT THEIR PHYSICIAN BEFORE COMPETING IN THE GAMES. PLAYERS MUST ARRIVE AND CHECK IN AT ALL SITES PRIOR TO EVENTS! COMPLETELY FILL OUT REGISTRATION FORM AND RETURN WITH FULL PAYMENT TO:**

RICHLAND COUNTY RECREATION COMMISSION ATTN: SENIOR GAMES 7473 PARKLANE ROAD, COLUMBIA, SC 29223

(See list of events on back)

Check the activities listed below that you plan to enter or attend. Do not enter events that are scheduled for the same time. **PARTICIPANTS ARE STRONGLY ADVISED TO CONSULT THEIR PHYSICIAN BEFORE COMPETING IN THE GAMES. YOU MAY NOT SIGN UP FOR ADDITIONAL EVENTS ON THE DAY OF GAMES.**

MONDAY, SEPTEMBER 9

- | | | |
|--|---|---|
| <input type="checkbox"/> Opening Ceremony
9:00-10:00 am
Meadowlake Park
600 Beckman Road | <input type="checkbox"/> Bingo
10:30 am-12:00 pm
Adult Activity Center
600 Beckman Road
(1st 50 registered participants) | <input type="checkbox"/> Target Shooting
2:00 pm
Palmetto State Armory
3760 Fernandina Road
(1st 25 registered participants) |
|--|---|---|

TUESDAY, SEPTEMBER 10

- | | | |
|--|--|---|
| <input type="checkbox"/> Bowling
9:30 am (practice)-2:00 pm
Royal Z Bowling Lanes
8512 Two Notch Road
\$6/2 games | <input type="checkbox"/> Singles (10:00 am)
<input type="checkbox"/> Doubles (11:00 am)
Partner (Partners required):

_____ | <input type="checkbox"/> Billiards (pool)
1:00-2:00 pm,
Royal Z Bowling Lanes
8512 Two Notch Road |
|--|--|---|

WEDNESDAY, SEPTEMBER 11

- | | |
|--|--|
| <input type="checkbox"/> Golf
8:00 am
LinRick Golf Course--\$19/player
356 Camp Ground Road
List your foursome:

_____ | <input type="checkbox"/> Chair Volleyball
10:00 am-12:00 pm
Trenholm Park
3900 Covenant Road |
|--|--|
- Place me with a group.

THURSDAY, SEPTEMBER 12

- Outdoor Events:**
- | | |
|---|--|
| <input type="checkbox"/> Discus | <input type="checkbox"/> 100 meter dash |
| <input type="checkbox"/> Standing jump | <input type="checkbox"/> 200 meter dash |
| <input type="checkbox"/> Softball throw | <input type="checkbox"/> 400 meter dash |
| <input type="checkbox"/> Shot put | <input type="checkbox"/> 400 meter speed walking |
| <input type="checkbox"/> 50 meter dash | |
- Indoor Events:**
- | | |
|--|---|
| <input type="checkbox"/> Arthritis Exercise warmup | <input type="checkbox"/> Basketball spot shooting |
| <input type="checkbox"/> Basketball free throw | <input type="checkbox"/> Cornhole |
- Meadowlake Park
600 Beckman Road

FRIDAY, SEPTEMBER 13

- | |
|---|
| <input type="checkbox"/> Parade of Talent, 10:00-10:45 am |
| <input type="checkbox"/> Awards Luncheon 12:00 pm |
- Adult Activity Center
7494 Parklane Road

LIABILITY WAIVER

I, the undersigned participant, hereby agree to indemnify, save and hold harmless event sponsors, the Richland County Recreation Commission, any of their sponsors and employees, or representatives for my health, safety or any injury resulting from my participation in the Midlands Area Senior Games. I have prepared myself for the event(s) that I have entered by practicing prior to the Senior Games. To the best of my knowledge and belief, I have no physical restrictions that would prohibit my participation in the event(s) that I have selected. The Senior Games officials have my permission to have a physician attend me if deemed necessary during my participation in the activities. I have read and understand this liability waiver and therefore release the above-named sponsors from any and all liabilities. I understand photographs of my participation in this program may be used by the Richland County Recreation Commission to promote our events and facilities, without compensation and without additional approval.

Signature:

Date: