



POWERING HEARTS AND MINDS

5K RUN/WALK & KIDS FUN RUN

September 14
8:00 AM-4:00 PM
Meadowlake Park
600 Beckman Road
5K Run/Walk w/tshirt: \$25
Kids Fun Run w/tshirt: \$15

PRESENTED IN PARTNERSHIP WITH



Mental health matters! Join us for our first “Powering Hearts and Minds” Mental Health 5K Run/Walk & Kids Fun Run as we raise money for mental health initiatives in our parks! Find resources and support as we stand together to acknowledge mental health concerns. Join us for:

- A 5K Walk/Run & Kids Fun Run
- Fun Activities including games & crafts for all ages
- Live Entertainment with performances to uplift & inspire
- Important conversations with mental health experts & advocates

For more information, contact Lisa Lewis at 803.741.7272 x 293. Register using the link!

REGISTER NOW:



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For ADA accommodations, please contact Latashi Jones, Risk Manager, at 803.741.7272 x 119.